

RETREATS

INFORMATION AND PRICING 2024-2025

MONDAY-FRIDAY PRIVATE RETREAT

\$2000+

A 2-hour fully private session at Sauna Camp covering up to 20 people. We can accommodate 60-80 people for \$50 for each additional person.

This includes full access to our saunas, the cold plunge ice holes, as well as our welcoming staff who are ready to assist and inform sauna-goers to ensure the best possible experience for each person.



GUIDED BREATHWORK + HOLISTIC HEALING

\$1500+

With the help of Dr. Mel Krug, you will design a custom 0-3 hour wellness session that is sure to cut straight to the heart of your retreat and create a meaningful experience for all. This could include breathwork, nervous system regulating, “embodied leadership”, etc. For longer sessions, inquire for pricing.



YOGA

\$1200

Center yourself with a yoga session in the dining hall with custom yoga session focused on gratitude, health, and mental wellness.



PHOTOGRAPHY/VIDEOGRAPHY

\$1200+

Capture your group’s experience and share it with the world by using our on-site professional photographer and videographer. Use the products for internal usage, social media, marketing, and much more!



ON-SITE FACILITIES

COMMUNITY & DINING HALL (ABOVE)

\$2500 / 6 HOURS

At Camp Fire, the beautiful new dining hall is perfect central hub for any event. Rental includes partial access to a kitchen, chairs, tables, restrooms and showers, AV and more.

LODGING

INQUIRE FOR PRICING

While there is some cabin lodging available on site at Sauna Camp, we also have many local hospitality partners who we have negotiated special event rates with.

CATERING

\$1700+

Enjoy our local food vendors with customizable bites and healthy meals provided for your guests to fully round out their body-centered experience. \$1700 minimum (covers up to 25) & \$55 for each additional attendee

TO BOOK YOUR RETREAT

info@saunacamps.com





LOOKING FOR A SMALLER EVENT?

We offer private saunas options during our normal business hours for smaller groups. Each comes with our standard sauna and cold plunge experience in your very own private space.

6-PERSON PRIVATE SAUNA
\$349

8-PERSON PRIVATE SAUNA
\$449

8-PERSON LUXE PRIVATE SAUNA
\$499

10-PERSON PRIVATE SAUNA
\$549

15-PERSON PRIVATE SAUNA
\$799

20-PERSON PRIVATE SAUNA
\$999



**CLICK
HERE TO
BOOK**